

UW Medicine

UW SCHOOL  
OF MEDICINE

# WOMEN'S HEALTHCARE UPDATE



Thursday & Friday  
March 16-17, 2023

Live via Online Webinar

Sponsored by UW School of Medicine  
Department of Obstetrics & Gynecology  
Office of Continuing Medical Education

## TARGET AUDIENCE

Physicians, residents, fellows, hospitalists, and community based physicians and providers, all who practice in the area of primary health care for women would benefit from participating in this educational offering.

## COURSE DESCRIPTION

This conference is an annual update for women's health care providers on current topics relevant to women's health. The topics are selected using suggestions from previous course attendees, areas with substantial change, and controversial subjects where medical opinions may differ. The purpose is to provide a clinical update for providers who care for women in an outpatient setting.

## COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to provide the following for women:

- Describe strategies for implementing practices to address healthcare gaps in underserved patient populations
- Describe surgical options for gender-affirming care
- Demonstrate initial diagnosis and treatment options available for infertility
- Review treatment updates for overactive bladder
- Identify practice changes to improve the care and wellness of female patients

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcript of *AMA PRA Category 1 Credits™*, access to online instruction materials, course logistics, faculty planning and salaries.

If you have not received confirmation prior to the course start, please contact the CME office at [cme@uw.edu](mailto:cme@uw.edu). Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.

## ACCREDITATION

### Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 16.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

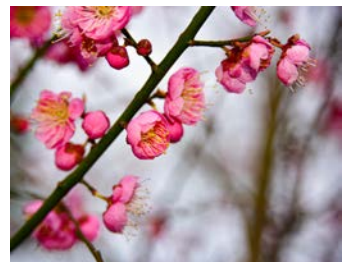


## FEES AND REGISTRATION

COURSE FEES	
	<u>Virtual</u>
<b>All Learners</b>	<b>\$350.00</b>
<b>Resident/Fellow/Student*</b>	<b>\$100.00</b>

\*Resident/Fellow/Student rate requires written confirmation of current status. Failure to provide required documentation may result in an additional balance owed.

Registration rates increase by \$25 effective March 2, 2023.



## ONLINE CONFERENCE MATERIALS

Instruction materials will be available online at [uwcme.org](http://uwcme.org) (for conference registrants only) beginning **March 9, 2023**. Content will be recorded and available to attendees for educational purposes. Attendees will be notified when recordings are available, approximately 4-6 weeks after course completion. CME credit is available only for attending the live activity; no credit is available for watching the recorded lectures.

## CANCELLATION AND REFUND POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **March 2, 2023**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **March 2, 2023**.

The Office of Continuing Medical Education (CME) reserves the right to transition cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by written notification and a full refund. CME retains the right to transition to online/virtual learning should the health and safety of our faculty and attendees warrant it. The University of Washington is not responsible for any other costs incurred. Contact the CME Office with questions via email: [cme@uw.edu](mailto:cme@uw.edu).

## SYSTEM REQUIREMENTS FOR VIRTUAL LEARNING

For those participating virtually, please ensure you have the appropriate system requirements to participate in the webinar. More information about the recommended technical requirements is below. No refunds will be available for technical issues not controlled by UW CME. Reliable internet access is necessary. It is strongly recommended that you test your Zoom connection prior to this activity.

Minimum browser requirements for successful access and completion of this activity are as follows:

- Chrome version 70.0 or newer, or Firefox version 63.0 or newer.
- Internet Explorer and Safari **are not recommended** with the UW CME website.
- You may use any browser to view the Zoom webinar.

## SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

### Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: [dso@uw.edu](mailto:dso@uw.edu)



# Course Faculty

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## COURSE CO-CHAIRS

**Alson Burke, MD**

Assistant Professor  
Department of Obstetrics & Gynecology  
Physician, Harborview Medical Center

**Linda Mihalov, MD, FACOG**

Clinical Professor  
Department of Obstetrics & Gynecology  
Physician, UWMC Montlake

## FACULTY

**Catherine Albright, MD, MS** Assistant Professor

**Tina Allen, PT**  
Physical Therapist Specialist

**Emalee Danforth, ARNP, CNM, MSN**  
Teaching Associate

**Michael Fialkow, MD**  
Associate Professor

**Natasha Hunter, MD**  
Assistant Professor

**Lytia Lai, PharmD**  
Pharmacist

**Bryna McCollum, PA-C**  
Teaching Associate

**Shane Morrison, MD**  
Assistant Professor

**Barbara Norquist, MD**  
Assistant Professor

**Laura Owens, MD, MPH**  
Acting Instructor

**Raj Shree, MD**  
Assistant Professor

**LaVonne Simmons, MD**  
Clinical Assistant Professor

**Elise Simons, MD**  
Clinical Assistant Professor

**Angad Singh, MD**  
Clinical Assistant Professor

**Alexander Skokan, MD**  
Assistant Professor

**Ivana Thompson, MD**  
Attending Physician

**Sarah Villareal, MD**  
Assistant Professor

**Tracey Vogel, MD**  
Obstetric Anesthesiologist  
Director Perinatal Trauma-Informed Care Clinic  
Pittsburgh, PA

**Ruru Wang, MD**  
Clinical Instructor

**Mackenzie Welsh, PharmD**  
Clinical Pharmacist

**Rachel Whycott, MD, FACOG**  
Assistant Professor

**Lissa Yu, MD**  
Assistant Professor

# Thursday, March 16, 2023

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7:50 Welcome Remarks & Course Intro | *Alson Burke, MD*

8:00 Diversity, Equity, and Inclusion | *Ivana Thompson, MD, MSCI*

9:20 Gynecologic Cancer Genetics | *Barbara Norquist, MD*

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## 10:00 Break

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10:15 Dysmenorrhea in the Adolescent | *Lissa Yu, MD*

10:55 Trauma-Informed Care | *Lauren Owens, MD, MPH*

11:35 Post-Dobbs Abortion Landscape | *Sarah Prager, MD, MAS*

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## 12:15 Lunch break

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1:00 Diabetes in Pregnancy | *LaVone Simmons, MD*

1:40 Strategically Navigating Office Visits with an EMR | *Angad Singh, MD*

2:20 Treatment of Primary Ovarian Insufficiency | *Emalee Danforth, ARNP, CNM, MSN*

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## 3:00 Break

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3:15 Updates in Treatment of Overactive Bladder | *Michael Fialkow, MD, MPH*

3:55 Pelvic Floor Physical Therapy | *Tina M. Allen, PT, PRPC, BCB PMD*

4:35 Chronic Hypertension and Pregnancy: Clinical Implications of the CHAPS Trial  
*Catherine Albright, MD, MS*

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5:15 Adjourn

# Friday, March 17, 2023

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- 7:50 Welcome Remarks & Course Intro | *Alson Burke, MD*
- 8:00 Gender Affirming Surgeries | *Shane D. Morrison, MD, MS*
- 8:40 Gender Affirming Surgeries | *Alexander J. Skokan, MD*
- 9:20 Management and Diagnosis of Pregnancy of Unknown Location | *Sarah Villareal, MD*
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## 10:00 Break

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- 10:15 Fertility Sparing Treatments of EIN/Endometrial Cancer | *Elise Simons, MD, FACOG*
- 10:55 Updates in Mastitis Treatment | *Bryna McCollum, PAC*
- 11:35 Care of Older Women | *Mengru (Ruru) Wang, MD, MPH*
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## 12:15 Lunch break

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- 1:00 Infertility and the Role of the Primary Care Provider | *Rachel Whynott, MD, FACOG*
- 1:40 The Empowerment Equation | *Tracey Vogel, MD*
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## 2:40 Break

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- 2:55 Implications of 2022 CDC Guideline for Prescribing Opioids for Pain Management  
| *Lytia Lai, PharmD and Mackenzie Welsh, PharmD*
- 3:35 Prenatal Screening Assays | *Raj (Swati) Shree, MD*
- 4:15 Breast Cancer Screening, Prevention, and Treatment Updates | *Natasha Hunter, MD*
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## 5:00 Adjourn